

9:00 - 9:10

WELCOME AND INTRODUCTION

Mark Ames - Director of Student Services, University of Bristol
Chair of the WUN Working Group on Student Mental Health

9:10 - 9:30

SETTING THE SCENE

What do the data tell us about student mental health and wellbeing trends internationally, nationally and institutionally

PREPARED BY: Ralph Manchester - Vice Provost & Director,
Department of University Health Service, University of Rochester
Abdul-Washeru Alhassan - Student, University of Ghana
Carlos Perez Ordóñez - National Director, Student Leadership and Wellbeing,
Tecnológico de Monterrey
Barry Murphy - Student, University College Dublin

9:30 - 9:50

STUDENT PANEL

9:50 - 10:50

THEMATIC PRESENTATIONS

Inclusive community building, social connectedness and cross-cultural differences

PREPARED BY: Caroline Hunt - Head of the Clinical Psychology Unit and Member of the Student
Mental Health and Well-Being Advisory Group, University of Sydney
Irene Gao - Student, University of Massachusetts Amherst
Christopher Warrington - Head of Student Support, University of Leeds
Dayna Leskiw Der - Student, University of Alberta
Wyn Morgan - Vice-President for Education, The University of Sheffield
Lois Afua Dampsey - Student, University of Ghana
Ms Sarina Mpharalala - Student, University of Cape Town

Preventive approaches to support student wellbeing and personal resilience

PREPARED BY: Memory Muturiki - Director, Student Wellness Service, University of Cape Town
Rachel Goodman - Student, University of Rochester
Pauline Aalten - Head, UM Student Desk, Maastricht University
Cesar Flores Díaz - Student, Tecnológico de Monterrey
Tricia Wylde - Manager, Health Promotion, The University of Western Australia
Paula Tunbridge - Director of Student Life and Wellbeing, University of York

Crisis intervention and involvement of external partners

PREPARED BY: Ziwei Xu - Staff Therapist, Mental Health Centre, Renmin University of China
Serene Esuruoso - Student, University of Leeds
Andre Costopoulos - Vice-Provost and Dean of Students, University of Alberta
Conrad Hogg, Student, The University of Western Australia

10:50 - 11:15

BREAK

11:15-12:15

GROUP DISCUSSION

